**Andre Young**

I’m Andre Young, Founder of You Evolving Now. I have taken my 19 years of experience as a Mental Health Therapist; focused on marital, individual and group counseling, along with my life experiences and events, and have created a movement of Positivity, Personal Growth, Relationship Growth, and Lifestyle Enhancement.

Although I value the profession of Mental Health, I wanted to create something new, different, and out-of-the-box. Something focused on positivity, building-up, empowering, fun and without stigma. Something people can be excited about and leave motivated and inspired to make and impact in every role of their lives and in the lives of others! You Evolving Now is designed to meet the “Busy” person where they are…at work, at school, and on their phone; giving them what they need, but too busy to seek until it’s too late!

Most of us will go to the dentist when their tooth hurts bad enough. What if you could avoid some of life’s pains and be proactive in your marriage, relationships, and at work. Would you do it? Of course you would!

I have lived in inner-city row homes to 5,000 sq. ft. luxury homes, from being married, divorced, and remarried, played sports at every level from high school to professional, been an employee, business owner and self-employed, written 4 books, have three amazing kids and a wonderful wife….and the truth is… no matter where you go or what you experience, people are the same as they are different. Their attention may be on different things, they may look different…..but they all want the same thing. The best life possible for themselves and their families; doing the best they can with who they currently are and what they currently know. I enjoy being able to impact that!

You Evolving Now is a Life-Enrichment Company focused on Employees, Athletes, and YOU living the life of your dreams with my various Employee Growth Packages, Athlete Development, Seminars and more! [www.youevolvingnow.com](http://www.youevolvingnow.com)