SPEAKER BIOS FOR JULY 25 SHRM LUNCH AND LEARN

CO-PRESENTERS – Q&A AND PRESENTATION FORMAT

Jessica L. Janiszewski, MA

Clinical Therapist and Co-Owner

Inspired Wellness

Wyomissing, PA

As a clinical licensed therapist and co-founder of Inspired Wellness, Jess has a skilled career in Mental Health, which includes challenging environments with demanding clients and complex issues. In addition to Individual and Group therapy practice, her most notable work experience includes Inpatient treatment, Partial Hospitalization Program treatment and School-based therapy, which has ultimately shaped her practice today.

As a clinician, Jess has extensive training in CBT, DBT and Mindfulness. Jess has found great success in providing her clients with those skills and strategies to change their situations for the better.

She has an incredible ability to challenge her clients while remaining warm, comforting, and validating their concerns. Additionally, she places a strong emphasis on the importance and benefits of effective communication. Jess chooses to work with adolescents, adults and couples to help them reach their short-term and long-term goals.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Kristi Gage-Linderman, PHR, SHRM-CP

COO and Partner

Gage Personnel – Staffing, Search and Consulting

West Reading, PA

As a bilingual HR and management professional, Kristi lives by the notion that people always come first. Kristi is committed to supporting her community by connecting great people with great careers, and helping to build a stronger workforce by investing in people and their education, training and development.

Kristi currently serves as Board President of the TempNet Staffing Association, and is also currently serving on the Berks County Workforce Development Board, the Berks Business Education Coalition Board, the RACC Foundation Board, the Greater Reading Chamber Alliance GRCCI Board, and the Career Ready PA Coalition for the Pennsylvania Department of Education. Kristi is also an active member of the Berks SHRM DEI Committee.

As a lifetime resident of Berks County, Kristi is a graduate of Kutztown University with a degree in Spanish and has obtained her PHR, SHRM-CP and OSHA 10-hour certifications. With experience in HR, staffing, recruiting, risk and safety, management, workforce consulting and more, Kristi takes pride in being able to work with her team in all areas of the business.

As a mother to two young sons, Kristi is mindful of creating just the right blend of work/life/community balance in order to make each day count and leave a positive impact wherever she goes.